How-to-upload

The following instructions demonstrate the steps for creating this post on LinkedIn, but the same process applies if you wish to post on Facebook.

1. Go to [www.LinkedIn.com](https://preview.allianzlife.com/secured/knowledge-center/tools-and-resources/resources/www.LinkedIn.com) and log in.
2. Click on “Start a post”



1. Paste in the text for the post you would like to publish.



1. Tag @AllianzLife by clicking next to our handle and selecting our account.



1. Select the correct image for the corresponding text by clicking on the image icon and browsing on your computer to where you saved the image.



1. Click “post” to publish to your feed.